

February 2013

Dear Clients and Friends:

For the first 55 years of my life, I hardly ever saw one of those little plastic bottles with prescription drugs. Then things changed. Between my mother, my wife and myself, the Rx bottles began to pile up.

Over the last two years the U.S. Drug Enforcement Agency (DEA) has been working to collect expired and unused drugs with national Take Back Days. Because 70% of people abusing prescription pain pills get them from friends or relatives, these drugs in particular need to be removed from the family medicine cabinet.

The next Take Back Day is Saturday, April 27, 2013, and collection sites will be listed at http://www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html.

But you don't have to wait until then. Many counties offer year-round disposal sites. The San Diego County Sheriff's Department has secure collection drop-boxes at the following stations and substations: Alpine, Encinitas, Imperial Beach, Lemon Grove, Poway, San Marcos, Santee, Vista, Fallbrook, Ramona, Valley Center, Julian, Borrego Springs, Boulevard-Jacumba, Campo, Pine Valley, Ranchita and 45 Ranch.

You can also drop off drugs at these detention facilities: George Bailey, Las Colinas, South Bay, Vista and San Diego Central Jail.

Leave pills in their containers and put loose medications into a plastic bag. Any liquid medications have to be in some type of secure container.

In this new year, get rid of your old drugs in a way that helps out the environment.

Regards,



Charles M. Shackelford